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Beulah Tabernacle Church

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LifeZone1010

COMMUNITY EMPOWERMENT PROGRAM

**Powerful Life
Changing Classes and
Exciting Recreation**

**Andries Hudde JHS
2500 Nostrand Avenue
Brooklyn, NY 11210**

Sundays from 11am - 2pm

Topics Include:

- Effective Mentoring
- Cooking
- Buying a Car
- Caregiver Essentials
- Raising Respectful & Productive Boys & Girls
- Music Basics
- Employment Strategies & Successes
- Banking & Savings
- Overcoming Obstacles from Sickness to Health
- And Much, Much, More!!!



**Free
Refreshments
&
Community
Building**



For more information contact:

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Email us at - LifeZone1010@gmail.com